

Conversation Starters with Parents

Use these conversation starters to begin conversations with your parents. Remember this is a process, so it may take a series of conversations to address all the issues.

Family Issues

Who do you want to make decisions for you should you not be able to make them for yourself?

Is there someone in the family that you do not want to handle your affairs?

Health Issues

How is your health? Do you have any health concerns?

What are your wishes for life support, should you need it?

Financial/Legal Issues

Do you have a will and power of attorney?

Do you have a living will?

Housing Issues

Are you comfortable in your current living situation?

What modifications could be made to make it easier or safer for you?

Is it important for you to live close to family? To friends?

Where would you like to live if you can no longer stay at home?

Do you want to live with family members?

Do you want to live in a retirement community or assisted living facility?

Legacy

Are there any family stories that you want to memorialize?

Are there any relationships you want to heal?

Are there any goals or dreams that you would like to reach?

Is there any unfinished business you would like to complete?

Spiritual Issues

What are your preferences and wishes regarding death?

Do you prefer cremation or burial?

Have you made any funeral arrangements?

Would you want to pre-plan your funeral?



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